



# CrossPoint

## UNIVERSITY

Winter/Spring 2025 | February 5 - April 30

### ***Delighting in the Old Testament***

***February 5 - April 30***

Many Christians find themselves reading the Old Testament out of obligation or avoiding it altogether. However, learning how and why we still read the same Scriptures that Jesus himself read, taught, and fulfilled will help us not just trudge through the Old Testament but delight in it! No doubt it will affirm what David wrote in Psalm 19:10, that "More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb."

***Led by: Kevin Jordan***

***Room E106***

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### ***Embrace Grace***

***February 5 - April 30***

An unexpected pregnancy can be scary. It's normal to feel lost and alone and even a little afraid. We understand - and we can help. Join us on Wednesday nights as we come alongside you and support you in a judgement-free community. After the completion of the course, we will even host your baby shower. For more information, email [egcrosspoint@gmail.com](mailto:egcrosspoint@gmail.com).

***Led by: Ashley Howell, Kristen Colvin, Jamie Floyd***

***Room E101***

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### ***Not Alone: A Study on Friendship***

***February 5 - March 12***

In this 6-week study, we're going to talk all about friendship: why we need friendship, biblical examples of friendship, and the pitfalls, challenges, and joys of friendship.

In the beginning, God created one human, and in God's sin-free, beautiful world, something wasn't right. The human was alone. The creation of Eve isn't just the story of marriage. It's also the beginning of community. God exists in trinity, and we were made in his image. We were created for community. Our Father is generous, and He's given us one of the most essential and life-changing relationships for community: friendship.

***Led by: Bonita Chandler & Renee Metcalf***

***Room E104***

## ***Find Your People: Building Deep Community in a Lonely World***

***March 19 - April 30***

In this second 6-week study, we will explore friendship and finding meaningful relationships and community. With biblical insights and personal anecdotes, Jennie Allen explores how we can connect with others in a deeper, more authentic way. Never in the history of civilization have we been more connected and yet felt more alone. We are all so lonely. What if the ways in which we have set up our lives are fundamentally broken?

In the ***Find Your People*** video Bible study, bestselling author, Jennie Allen, looks at the original community in Genesis, the Trinity, and the creation of people to see what God had planned for us all along. Jennie offers practical solutions for creating true community in a world that's both more connected and more isolating than ever before.

Drawing on fascinating insights from science and history, timeless biblical truth, and vulnerable stories from her own life, Jennie helps us discover exactly how to dive into the deep end and experience the full wonder of community. Along the way, we'll discover the five life patterns required to build deep, connected relationships. You were created to play, engage, adventure, and explore—with others. While the ache of loneliness is real, it doesn't have to be your reality.

***Led by: Bonita Chandler & Renee Metcalf***

***Room E104***

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## ***CrossPoint Mission Trip Participant Training***

***February 5 - March 12***

This training is for anyone who is considering participating in a CrossPoint short-term mission trip during 2025. The course will provide training and resources to further equip you to fulfill the vision of CrossPoint on the mission field. The class will also allow for cross-collaboration between our mission teams.

***Led by: Buck Poole***

***Room E102***

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## ***Parenting by Pathways***

***February 5 - March 12***

Join us as we host leading professionals from the Birmingham area who will offer expert insights on parenting in their respective fields. Each week, we will cover a different topic, including mental health, the impact of marital relationships on children, the effects of pornography, the four pillars of parenting, managing children's anxiety, and understanding the essential needs of children.

***Led by: Pathways Professional Counseling***

***Room E107***

### ***Birds & Bees***

***March 19 - April 30***

Birds and Bees is a parent course to help you tackle the uncomfortable subject of talking to your children about sex. This course is for parents who want...

- Their children to learn about sex from them, not their friends or the internet.
- Clear direction and a plan to tackle this topic.
- To build open and safe communication in their family.
- To protect their kids from the sex-saturated culture.

This is geared towards parents with children ages 1 - 10, but parents of tweens can benefit as well.

***Led by: Campbell Scott***

***Room E107***

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### ***Parent Power***

***April 16 - 30***

Are you concerned about the negative influence of culture, social media, and external forces on your child? Join us for a workshop designed to educate and equip parents with valuable information about the various forms of media targeting children and teens. We will cover strategies and tools to help you set boundaries around your child's media consumption. While this course is geared toward parents of tweens and teens, it can also be beneficial for parents of younger children.

***Led by: Decisions, Choices, and Options***

***Room E100***